

# Collaborative Problem Solving® (CPS)

## 6 Week Parent/Caregiver Class!

**Jared Eliot School  
Clinton, CT**

**Wed evenings**

**Instructor:**

**Divinna Schmitt, M.Ed**



**DATES:**

April 19, 26, May 3, 17, 24, 31  
2023

**TIME:**

6:30 – 8:30 PM

~ No Cost ~

**Attendance at each  
session is required**

**REGISTRATION:**

**Call: (860) 876-0236**

**OR EMAIL:**

**DivinnaCPS@comcast.net**

*Think:Kids is a program in  
the Dept. of Psychiatry at  
Mass. General Hospital*

*Learn more at:*

[www.thinkkids.org](http://www.thinkkids.org)

*\*Class independent of MGH*



- **Develop new understanding of challenging behavior and how to help your child**
- **Learn the Collaborative Problem Solving approach and effective ways to reduce conflict**
- **Rethink conventional approaches to behavioral difficulties and strengthen relationships**
- **Gain support from other parents**

**Clinton  
PTA®**  
*everychild.one voice.*

*Offered with generous support from*

 **NAMI**  
National Alliance on Mental Illness  
**Shoreline**

## Collaborative Problem Solving THINK:KIDS

Kids with challenging behavior are tragically misunderstood and it's time for a more effective and compassionate approach.

Unlike traditional models of discipline, CPS avoids the use of power, control, and motivational procedures. The focus is on collaboration with the child/young adult to solve the problems which lead to challenging behavior. In the CPS process, skills and relationships are built.