

Register at <https://www.fundraise.namict.org/2017StateConference> (5 CEU's are available)

- 8:15 - 9:15 Registration/Booth Viewing/Breakfast Refreshments
- 9:20 - 9:25 Welcome: Howard Reid, President, NAMI Connecticut
- 9:30 – 10:15 Keynote: Jeffrey J. Vanderploeg, Ph.D., Vice President for Mental Health Initiatives, Child Health and Development Institute (CHDI)
- 10:30 – 11:20 Workshops A, B, C

A: Infant Mental Health: Heidi Maderia, MS, IMH-E®, Executive Director, CT Association for Infant Mental Health. Find out how even our earliest interactions with children begin to shape their mental wellness.

B: Ask the Pharmacist: Kristin Waters; Pharm.D.; Yale New Haven Hospital. Attendees will learn about recent developments in psychiatric medications, including potential role in therapy and side effects; followed by an audience Q&A.

C: Population Based Systems of Care for Psychosis: Dr. Vinod Srihari; Associate Professor of Psychiatry; Associate Program Director, Psychiatry Residency Training; Director, STEP Program, & John Cahill, BMBS, from the Yale School of Medicine. Attendees will hear about how a Population Health framework can inform care models for mental illnesses, and learn about the standard set of outcomes developed for an early psychosis service in Connecticut (the clinic for Specialized Treatment Early in Psychosis, STEP); hear how a common set of standard measures can improve the quality of care across a network of clinics.

11:30 – 12:20 Workshops D, E, F

D: Navigating Young Adulthood with a Serious Mental Health Condition: Challenges and Opportunities: Kathryn Sabella, MA, Ph.D., Project Director, Transitions Research & Training Center, Univ. of Massachusetts Medical School. Attendees will receive an overview of cognitive, moral, social, and emotional development in young adulthood including the challenges and delays young adults with serious mental health conditions experience in these areas of development; plus hear about best practices for supporting young adults with serious mental health conditions during the transition to adulthood.

E: Opioids and Mental Health: Screening, Assessment, Treatment and Recovery: Julienn Giard, LCSW; Director, Evidence-Based Practices & Grants, CT Dept. of Mental Health and Addiction Services. Attendees will learn how to use at least 3 validated screening and assessment tools for mental health and substance use disorders; plus you will learn at least 3 evidence-based interventions for opioid use disorders and common co-occurring mental health conditions.

F: Geriatric Mental Health: Strategies for Healthy Brain Aging in 2017: Dr. Brent Forester; Chief, Division of Geriatric Psychiatry, McLean Hospital, Boston. Hear about the key challenges in geriatric mental health, as well as strategies for assessing depression and cognitive impairment in later life, including a discussion of the components for healthy brain aging.

12:30 – 1:20 Lunch – Main Room

1:30 – 2:20 Workshops G,H, I

G. School Aged Children & Mental Health: Dr. Robin Stern, Associate Director of the Yale Center for Emotional Intelligence, at Yale University. Attendees will discuss the basic skills of emotional intelligence; find out ways to impact emotions in 5 areas of life; and learn how emotionally intelligent skills can help students navigate peer relationships.

H: Building Trauma Informed Care in our Communities: Rocio Chang-Angulo, Psy.D. Hear about how to define the different types of trauma and their prevalence and enhance understanding of the significance of the adverse childhood experiences study related to public health.

I: Peer Workshop/Peer Lead: John A. Naslund, MPH, Doctorate Student (PhD Candidate), Dartmouth's Center for Technology & Behavioral Health. Learn about the scientific evidence and potential challenges and risks related to the use of social media for connecting peers, creating communities of wellness, and empowering individuals with mental illness.

2:30 – 3:20 Resiliency Panel:

Dr. Joy Kaufman, Associate Professor of Psychiatry, Yale University

Allan Gackstetter, Veteran & Mental Health Advocate

John Zvonek, Personal Trainer & Mental Health Advocate

Valerie Sacco, Young Adult Programs Coordinator, NAMI Connecticut

Diane Blackwood, Caregiver & Mental Health Advocate

Early Bird Registration Available from September 11th - October 13th

All Fees & Registration Must Be Received By **October 25th** * Additional charge for CEUs.

NAMI Members	Early Bird	Regular	Non-Members	Early Bird	Regular
Individual	\$ 30	\$ 40	Individual	\$ 40	\$ 50
Applying for CEUs	\$ 55	\$ 65	Applying for CEUs	\$ 65	\$ 75
Person w/Limited Means	\$ 0	\$ 5	Person w/Limited Means	\$ 5	\$ 10
Limited Means w/CEUs	\$ 15	\$ 20	Limited Means w/CEUs	\$ 20	\$ 25

Thanks to sponsorship from: DMHAS, Beacon Health Options, Optum, Chrysalis Center, and FAVOR, among others...

Name: _____ Phone: _____ Email: _____

Address: _____ Fee Enclosed: _____

Please circle your workshop selections and mail form and payment (no cash please) to:

NAMI Connecticut * 576 Farmington Avenue * Hartford, CT 06105